

What to Bring

- Sleeping bag
 - tent
 - sleeping pad
 - camp chair
 - toothbrush/toothpaste
 - bathing suit
 - medications (don't forget those vitamins)
 - binoculars
 - chapstick
 - sunblock
 - cup, bowl /plate and silverware
 - camera
 - headlamp/flashlight
 - towel
 - 2 water bottles
 - ziplock bags (always handy)
 - photo ID for airport
 - sunglasses
 - underwear (optional)
 - socks
 - shoes (I hike in sneakers)
 - shoes for hiking in water
 - wool hat
 - hat for the sun
 - wind or rain jacket
 - Journal and pen/pencil
 - Books
 - I always bring a down vest
 - Extra \$\$\$ for eating out and presents
 - Long sleeve shirt(in case the sunblock didn't work)
 - shorts/long pants(see above)
 - Any snacks that you MUST have
 - It can get cold at night so...whatever
 - Pocketknife
 - Anything else you need
 - daypack
 - watch
 - compass
- It can be in the high 80's during the days and get to freezing at night so plan accordingly.